

## Information and Screening Checklist

### Information to give about the trip

- Primary purpose of trip
- Where you are going
- Trip difficulty and major risks
- Meeting place and time
- Return time
- How much food and water to bring
- What type of clothes to wear and bring
- Ten essentials and other gear
- How our carpooling policy works (Would they like to drive?)
- Trip fee and total cost of trip
- Ask the person to call you if they need to cancel

### Information about the person

- Name, phone number, and email address
- Have they been on any comparable IMAC trips or equivalent Badger climbs before?
- How much have they hiked/climbed/skied and how recently?
- Why do they want to go?
- Do they have their own equipment?
- Do they have the 10 essentials?
- Do they have clothes for Cascades conditions (storm any time)?
- Do they need to be back by a certain time?
- If they want to drive, what is the condition/size of their car?
- Do they have a guardian to be with them (used when sign-up person is under 18 years old)?
- Do they have any medical conditions that you should know about (diabetes, allergies, recovering from heart attack)?
  - If they do have a condition, remind them to bring what they need, e.g. antihistamines, inhaler etc.
  - If they would like you to help them in an emergency related to the condition, suggest that they put the medication in a pack pocket where you can find the medicine, shot kit, sugar, etc.

### If they do not meet your experience and/or equipment requirements or have an incompatible purpose for going

- First try to help them conclude they should not go on the trip
- Second, tell the person why you do not think this trip is for them or why they cannot go
- Inform them of other more suitable trips they may be qualified for or where to get equipment