

# IMAC RULES AND REGULATIONS

## Membership

- Potential members need to:
  - Be at least 18 years old and be interested in outdoor activity
  - Turn in a membership application form with accompanying dues.
- Annual dues -- \$14.00 per person or \$20.00 per couple -- are payable with membership application. Those joining after July 1, pay half the annual dues. Those joining after November 1, pay no dues for that year. Those requesting the Yodeler newsletter by email only, annual dues for individuals and couples are reduced by \$5.00.

## Transportation Policy

I-MAC is not responsible for getting participants to the trailhead, but does strongly encourage all trip participants to carpool to minimize the environmental impact of the trip and to foster group spirit.

Individuals can make their own arrangements if they tell the leader in advance. When the trip carpool is arranged through the trip leader, the following guidelines apply:

- See [www.imacnw.org/fees.html](http://www.imacnw.org/fees.html) for the current mileage rate. The transportation fee is payable to the driver of the vehicle.
- Drivers can specify the minimum number of passengers they are willing to take when they agree to drive.
- All special fees for the trip will be split up evenly among all people on the trip. This includes tolls, fees, parking and permits. Snow park permits and trailhead permits will be computed on the basis of the daily rate even if the driver uses an annual permit.
- A pre-trip summary of these expenses should be provided in the Yodeler. This should include a cost breakdown for carpooling costs and fees, climbing fees and potential meals en route.
- The leader may adjust fees in special circumstances, i.e., using one vehicle to carry all the equipment. Any adjustments will be based on the current mileage rate and be agreed to by all the participants before leaving town.

## Climbing Fees

- A rope fee of \$2 per person
- Rock climbing practices—an all inclusive fee of \$10 for non-members, \$5 if they provide their own harnesses

## Rental Equipment

I-MAC has rental equipment available to members and non-members. Rentals are on a "Wednesday to Wednesday" basis: checkout the second half of the week - return early the next week making the items available for others. Contact the Rentals person to rent all gear. Special rates are available for non-profit youth groups and for club climbs. See the I-MAC Directory or the website under Rental Gears for the current rental rates.

Contact the Hiking Chairman for topography maps & hiking books. Contact the Winter Activities Chairman for an avalanche safety video and a XC Ski Video.

## **Trip Guidelines**

Because mountaineering, hiking, and backcountry skiing expose individuals to certain elements of risk, I-MAC has established the following guidelines for club trips to minimize some risks and provide a margin of safety for others,

*All persons participating in a club event implicitly agree to abide by the following guidelines.*

### **Practice Safety First:**

- Never climb, hike, or ski beyond your ability and knowledge, or that of other members of the party. If in doubt, ask the leader.
- Never let judgment be swayed by desire when choosing the route or turning back.
- Carry at all times the equipment necessary for each trip, including the Ten Essentials (see page 10 of the I-MAC Directory).
- Stay with the group. Keep the party together except as the leader approves other plans.
- Observe safe party size. Three is the minimum for climbing or cross-country skiing or for hiking in exposed or hazardous locations. Two is the minimum for hiking on good trails, for skiing on groomed trails and slopes, or for climbing at populated areas where others are available to give immediate aid.
- Solo trips are not allowed. However, *with leader approval*, short solo hikes may be allowed. I-MAC policy *does not allow* solo climbing on club trips.
- Rope up on all exposed places and for glacier travel. On crevassed glaciers, two ropes are recommended.
- Always allow a generous margin of safety.
- Know and follow the precepts of sound mountaineering as set forth in textbooks like *Mountaineering: The Freedom of the Hills* and *Backpacking One Step at a Time*.

### **Practice Good Conduct:**

- Behave at all times in a manner that will reflect favorably on I-MAC and on the sports of mountaineering, hiking, and skiing. Abide by all laws, Forest and Park Service regulations, and show good sportsmanship.
- Practice no-trace travel and camping. Pack out all garbage.
- Illegal substances and excessive alcohol consumption are not allowed.
- Pets are allowed on trips only with leader's permission and advanced notice.

### **Participation:**

- Trip leaders may refuse to register any person who has previously ignored any of these rules.
- Participation may be denied to anyone who the leader feels lacks the equipment, skill or stamina needed for a particular trip.
- Those 17 and under must be accompanied by a parent or guardian or be sponsored by a club member who accompanies the youth and is responsible for ensuring the youth adheres to club policies.
- If a club member behaves in a way that harms the club, violates the by-laws or puts themselves or others at risk during a club activity, the member may be disciplined.

### **Disciplining Procedure:**

- *Verbal warning* – for minor transgressions not relating directly to the safety and welfare of the member or other members while on club activities. The appropriate activity leader or a chairperson acting on behalf of the board of directors will give the warning. When a warning is

given, the chairperson shall inform the board whether the member understands what was done wrong and if he or she promises not to do it again.

- *Written warning* - for major violations relating directly to the safety and welfare of the member or others while on club activities. If a club board member or a committee chairperson receives a complaint about the behavior of another member on a club activity and the complaint is determined to be legitimate, the board can issue a written warning to the offending member asking him or her not to continue this behavior.
- *Probation* - is reserved for members who have continued to act inappropriately and without regard for club policy and have been warned either verbally or in writing that they may be placed on probation. The board will decide the terms of the probation and will notify the member with the egregious behavior in writing. Probation may include disqualification from all or some club activities.
- Final note: Illegal substances and excessive alcohol consumption are not allowed at I-MAC events or trips.