

Inter-Mountain Alpine Club 2018 Backpacking School

Directors: Steve Ghan and Casey Landru

Have you wanted try backpacking but don't know how to get started? Inter-Mountain Alpine Club members with years of backpacking experience will teach backpacking techniques in a series of indoor and outdoor sessions in March and April culminating in a final backpacking trip.

The purpose of the backpacking school is to prepare students for comfortable and safe multi-day backpacking trips. At the end of this course, students will be prepared for a graduation backpacking trip led by a course instructor, and subsequent trips led by I-MAC leaders. Follow-up reading of books and additional first-aid instruction are recommended.

Recommended book; *The Backpacker's Field Manual, Revised and Updated: A Comprehensive Guide to Mastering Backcountry Skills* (ISBN-10: 1400053099).

These classes will be offered free of charge as an IMAC outreach to the Tri Cities community. Attendance at all sessions is not required, mix and match the sessions you want. Students must attend 5 of 8 classes to be eligible to go on the graduation backpacking trip. Students are expected to be able to carry a loaded pack (~35-40 lbs) over a dirt path for 5 miles at a moderate pace (2 mph)

Classes will be at 6:30 pm on Mondays March 5 - April 23 at the Richland Library, with two practice sessions on Wednesdays. The detailed schedule is below.

To register, send the following information to casey.landru@gmail.com by Thursday, March 1: NAME: TELEPHONE: EMAIL ADDRESS:

Time: Indoor sessions 6:30 to 8:30 PM at the Richland Public Library

TYPE Class or Practice	Date	Time	Book Chapter	Subject(s)	Instructor(s)	Meeting Place
Class 1	Monday, March 05	6:30 PM	2 & 5	Course Overview, 10 Essentials, Clothing, Conditioning, Leave No Trace	Casey Landru, Danette Layne, Steve Ghan, Jay and Dana Cadwell, Sarah Lingley	Richland Library
Class 2	Monday, March 12	6:30 PM	2	Pack, tent, sleeping system	Jay and Dana Cadwell, Casey Landru, Ken Stoops, Steve Ghan	Richland Library
Class 3	Monday, March 19	6:30 PM	6	Map and Topography Basics	Christine Faught	Richland Library
Class 4	Monday, March 26	6:30 PM	6	Compass and Route Planning Basics	Casey Landru	Richland Library
Practice 1	Wednesday, Mar 28	6:30 PM		Map & Compass Practical Exercise: Pace Count and Compass Course	Casey Landru	W.E. Johnson Park

Class 5	Monday, April 02	6:30 PM	3 & 4	Cooking, Nutrition, Hygiene and Water Purification	Paul and Nancy Krupin	Richland Li- brary
Class 6	Monday, April 09	6:30 PM	1 & 8	GPS, Trip Planning, Safety, Rescue Techniques	Paul Krupin, Chuck Wierman, Ken Stoops	Richland Li- brary
Practice 2	Wednesday, April 11	6:30 PM		Cook stove, water purifica- tion and equipment Demo	Steve Ghan, Ca- sey Landru, Ken Stoops	Howard Amon Park
Class 7	Monday, April 16	6:30 PM	9	First Aid	Sarah Lingley	Richland Li- brary
Class 8	Monday, April 23	6:30 PM		Gear Shakedown + Final Review	Casey Landru, Steve Ghan, Ken Stoops	Howard Amon Park
Final Prac- tice	Saturday-Sunday, April 28-29 (Pri- mary) May 5-6 (Alter- nate)	See Trip Description		Graduation Backpack to Packwood Lake	Casey Landru, Steve Ghan	Richland Fred Meyer